



LONDON BETH DIN UPDATE MARCH 2024

For the latest information visit
isitkosher.uk

Works offline. Also available as an Android and iPhone App

KLBD LICENSEE NEWS

KLBD licensed restaurant now reopened:

White Fish (Dairy)

10-12 Bell Lane
Hendon NW4 2AD
Tel: 020 8202 8780
thewhitefishrestaurant@gmail.com
www.whitefishrestaurant.co.uk

New KLBD licensed bakery:

OvenEat

105 Golders Green Road
Golders Green NW11 8HR
Tel: 020 8488 3450
office@oveneat.com
Instagram: @oveneat_london

New KLBD licensed food manufacturer:

Cheffmans

97 Digby Crescent
Finsbury Park N4 2HS
shoffmans@gmail.com
Mob: 07966 025495

No longer under KLBD supervision:

La Fiesta p156

235 Golders Green Road
Golders Green NW11 9ES

CHANGES

KEY

KLBD = Certified by the London Beth Din (logo on pack)

KLBD = Certified by the London Beth Din (no logo on pack)

P = Parev

D = Dairy (Not Chalav Yisrael)

S = Certified by other Rabbinates

NK = Not Kosher

FOOD

CEREALS

Grain p32

Previously certified KLBD Parev, now KLBD Dairy. If purchasing from a kosher shop, check the kosher status on the sticker.

KLBD D Granola Raisin & Almond

KLBD D Granola Super Berry

KLBD D Granola Super Nutty

KLBD D Granola Tropical

CONFECTIONERY

Nestle p43

Previously approved Dairy, now approved Parev.

P Kit Kat Vegan

FRUIT SNACKS

Fruit Bowl p62

Previously certified by the Manchester Beth Din and bearing their logo. Now certified by KLBD, although new packaging does not bear any kosher logo.

KLBD Peelers Blackcurrant

KLBD Peelers Raspberry

KLBD Peelers Strawberry

SALAD DRESSINGS & MAYONNAISE

Heinz Seriously Good p81

S Mayonnaise

Previously, sizes were not specified, but now **only the following are covered with or without the MK logo:**

Plastic bottles 540g/565ml and 775g/800ml.

Glass jars 460g/480ml and 680g/710ml

Other sizes are permitted only if bearing the MK logo.

S Mayonnaise Light

Previously, sizes were not specified, but now **only the**

following are covered with or without the MK logo:

Plastic bottles 570g/565ml, 815g/800ml

Glass jars 490g/480ml, 720g/710ml

Other sizes are only permitted if bearing the MK logo.

SAUCES & CONDIMENTS

Heinz p82

P Tomato Ketchup Sachets

Previous approval only covered plastic bottles bearing the MK logo and additional sizes listed on Isitkosher. Approval now covers 8g/7ml, 11g/10ml and 20g/17ml sachets bearing the UK and/or Netherlands address. Sachets produced in other countries are not approved, with the exception of those bearing the OU logo.

ALCOHOL

LIQUEURS

The King's Ginger

Previously listed on Isitkosher as approved Parev, now Not Kosher.

NK Ginger Liqueur

MEDICINES

HOMEOPATHIC REMEDIES

p126

Previous information stated that all **Weleda Solid Dose** preparations were Parev. However, some are formulated with lactose which is Dairy, so it is important to check the ingredients. Preparations containing lactose should not be taken together with or after meat.

NEW PRODUCTS

FOOD

BABY FOODS

Ella's Kitchen

NK 7+ Katsu Curry

NK 7+ Lamb Tagine

BABY SNACKS

NK 12+ Butterfly Pops Cheese & Pickle

Kiddylicious

KLBD Veggie Straws (Potato, Rice & Pea)

BISCUITS

Le Bosquet

Afiyat Yisrael. Available from kosher shops.

KLBD ChiCrunch Chocolate Chips Natural

KLBD ChiCrunch Cocoa & Chocolate

KLBD Loobaz

CAKE DECORATING

Cake Star

KLBD Edible Wafer Paper (White)

CEREALS

Kellogg's

S Corn Flakes Chocolate Flavour

Mornflake

P Crispy Muesli Fruit, Nut & Seed

P Crispy Muesli Fruity

P Crispy Muesli Nutty

P Crunchy Granola Hawaiian

P Crunchy Granola Orchard

P Crunchy Granola Original

Weetos

KLBD Chocolatey Hoops Caramel

KLBD Chocolatey Hoops Honeycomb

COFFEE MACHINES

Nespresso Vertuo

P Barista Creations Pumpkin Spice Cake

CONFECTIONERY

Fox's

NK Chewy Mints Peppermint

Hu

P Dark Chocolate Almond Butter & Quinoa

P Dark Chocolate Cashew Butter & Orange

P Dark Chocolate Cashew Butter & Vanilla Bean

P Dark Chocolate Crunchy Mint

P Dark Chocolate Hazelnut Butter

P Dark Chocolate Salty

P Dark Chocolate Simple

P Dark Chocolate Vanilla Crunch

Millions

NK Whirl Pops

Seed & Bean

Certified with or without the KLBD logo. For stockists see www.seedandbean.co.uk.

KLBD D Dark Chocolate Coconut & Raspberry

KLBD D Dark Chocolate Cornish Sea Salt

KLBD D Dark Chocolate Espresso

KLBD D Dark Chocolate Extra 72%

KLBD D Dark Chocolate Just Ginger

KLBD D Dark Chocolate Lavender

KLBD D Dark Chocolate Lemon & Cardamom

KLBD D Dark Chocolate Mandarin & Ginger

KLBD D Dark Chocolate Mint

KLBD D Dark Chocolate Orange & Thyme

KLBD D Dark Chocolate Sicilian Hazelnut

KLBD D Milk Chocolate Cornish Sea Salt & Lime

KLBD D Milk Chocolate Rich

KLBD D Milk Chocolate Smooth Praline

Terry's Chocolate

D Mint Ball Milk

The Ginger People

P Gin Gins Double Strength

P Gin Gins Original

P Gin Gins Super Strong

CRISPS & SNACKS

Aldi Snackrite

P Crisps Ready Salted

ASDA

P Crisps Ready Salted

Lidl Snaktastic

P Crisps Ready Salted

Love Corn

KLBD Sour Cream & Chive

Sainsbury's

P Crisps Ready Salted

Tesco

P Crisps Ready Salted

Tesco Stockwell & Co

P Crisps Ready Salted

Waitrose Essential

P Crisps Ready Salted

DAIRY FREE MILK & DRINKS

Lakeland Dairies

Only with EC code 1065.

KLBD D Oat in a Stick

ENERGY & PROTEIN SNACKS

Clif Bar

S D Energy Bar Chocolate Chip

S D Energy Bar Crunchy Peanut Butter

S D Energy Bar White Chocolate Macadamia Nut

Clif Nut Butter

S D Bar Chocolate & Peanut Butter

S D Bar Chocolate Chip & Peanut Butter

S D Bar Peanut Butter

ENERGY & SPORTS DRINKS

Rubicon

NK Raw Apple & Guava

FLAVOURINGS

Foodie Flavours

15ml, 200ml and 1L. Available from www.foodieflavours.com. Blackcurrant FS, Grapefruit WS, Rose WS and Strawberry FS are not approved.

KLBD Bird's Eye Chilli Extract

KLBD Blackcurrant

KLBD Cardamom

KLBD Chocolate

KLBD Cranberry

KLBD Cream Soda

KLBD Gorilla Vanilla

KLBD Grapefruit

KLBD Juniper Gin

KLBD Licorice

KLBD Mixed Spice

KLBD Organic Orange Extract

KLBD Organic Peppermint Extract

KLBD Pecan

KLBD Plum

KLBD Prosecco

KLBD Rose

KLBD Rum

KLBD Sweet Hazelnut & Chocolate

KLBD Violet

KLBD Watermelon

Robertsons

Available from kosher shops. Covers Almond, Banana, Caramel, Lemon, Orange, Peppermint, Pineapple, Strawberry and Vanilla.

P Essence Flavours

FOOD COLOURS

Robertsons

Available from kosher shops. Covers Blue, Green, Red and Yellow.

P Food Colourings

FRUIT CANS, JARS & POTS

Opies

P Cocktail Cherries Maraschino

P Cocktail Cherries Maraschino Stemmed

FRUIT SNACKS

Freddie's Farm

For stockists see www.freddiesfarmsnacks.co.uk.

- KLBD** Berry Bars Blueberry
- KLBD** Berry Bars Raspberry
- KLBD** Berry Bars Strawberry

Fruit Bowl

Available from Tesco.

- KLBD** Fruity Twists Strawberry & Vanilla

Urban Fruit

- KLBD** Banana

GELLING AGENTS

Louis Francois

- P** Pectin NH Nappage

GLUTEN FREE CEREALS

ASDA Free From

- P** Corn Flakes
- P** Rice Snaps
- P** Special Flakes

Lizi's

Available from supermarkets and www.lizis.co.uk.

- KLBD D** Granola Caramelised Almonds, Hazelnuts & Pecans

Mornflake

- P** Gluten Free Jumbo Oats
- P** Gluten Free Porridge Oats

MyVegan

- P** Instant Oats Gluten Free
- P** Rolled Oats Gluten Free

Sainsbury's Free From

- P** Bran Flakes
- P** Cornflakes
- P** Rice Pops
- P** Rice Pops Choco

MEAT PRODUCTS

Alef

Glatt. Available from kosher shops.

- KLBD MEATY** Chilled Beef Frankfurters
- KLBD MEATY** Chilled Beef Hot Dogs Jumbo
- KLBD MEATY** Chilled Beef Viennas
- KLBD MEATY** Chilled Beef Viennas Cocktail
- KLBD MEATY** Chilled Chicken Viennas
- KLBD MEATY** Chilled Chicken Viennas Cocktail
- KLBD MEATY** Frozen Chicken Goujons
- KLBD MEATY** Frozen Chicken Nuggets

KLBD MEATY Frozen Chicken Schnitzel

MILK

Lakeland Dairies

Whole and Semi Skimmed. Only with EC code 1065.
KLBD D Milk in a Stick

NUTS & SEEDS

Cofresh

- KLBD** Nut Mix Caramel Sesame Coated

SNACK BARS

Weetabix

- NK** Oaty Bars

SOFT DRINKS

Juice Burst

- NK** Peach Ice Tea

Ocean Spray

- NK** Cranberry & Raspberry
- NK** Cranberry Pink No Added Sugar

Tropicana

- NK** Sensations Multivitamin Boost
- NK** Sensations Pineapple & Pink Guava Crush

SPICES, HERBS & SEASONINGS

Robertsons

Available from kosher shops.
P Salt & Vinegar

SPORTS NUTRITION

Huel

Available from <https://uk.huel.com/>. Only products sold in the UK are KLBD certified.

- KLBD** Instant Meal Pouch Cajun Pasta
- KLBD** Instant Meal Pouch Chick'n & Mushroom
- KLBD D** Instant Meal Pouch Mac & Cheese
- KLBD** Instant Meal Pouch Pasta Bolognese

MyProtein

- P** The Pre Workout

The following varieties are approved: Blue Raspberry, Cola, Lemon Sherbet, Orange Mango Passionfruit. Please note Grape flavour is Not Kosher.

MyVegan

- P** Clear Vegan Protein

The following varieties are approved: Apple & Elderflower, Blackcurrant, Blood Orange, Lemon & Lime, Pineapple &

Grapefruit, Raspberry Mojito, Strawberry, Watermelon. Please note Vimto flavour is Not Kosher.

SUPERFOODS

Aduna

For stockists see www.aduna.com.

- KLBD** Advanced Mind
- KLBD** Advanced Super Greens

SWEETENERS

Xylitol

Available from kosher shops.

- KLBD** Xylitol Life is Sweet

SYRUPS & TOPPINGS

ASDA

- P** Golden Syrup

Lidl Belbake

- P** Golden Syrup

Morrisons

- P** Golden Syrup

Sainsbury's

- P** Golden Syrup

VEGETARIAN FOODS

Fry's

Please note that Frozen Katsu Fillets Chicken Style and Frozen Mini Kiev's Chicken Style are not approved.

- P** Frozen Burgers Chick'N
- P** Frozen Nuggets Plant Based
- P** Frozen Sausage Slicing Polony

Gosh

For stockists see www.goshfood.com.

- KLBD** Chilled Bites Peri Peri Smoked Paprika & Garlic

Redefine Meat

Available from Ocado.

- P** Redefine Beef Mince
- P** Redefine Lamb Kofta Mix
- P** Redefine Premium Burgers
- P** Redefine Pulled Beef

VINEGAR

Liberty Fields

- P** Apple Balsamic

ALCOHOL

CIDER & PERRY

Sheppy's

- P Perry
- P Raspberry Low Alcohol
- P Redstreak

Westons

- KLBD Rosie's Pig Cloudy Tropical

FLAVOURED ALCOHOLIC DRINKS

WKD

- P Cocktails Berry Daiquiri
- P Cocktails Blue Lagoon
- P Cocktails Tropical Sunrise
- P Orange & Passionfruit
- P Purple Grape
- P X Blue
- P X Blue Raspberry
- P X Dark Fruits
- P X Gold
- P X Mango Passion

GIN

Whitley Neill

- KLBD London Dry Distiller's Cut
- KLBD Raspberry

LIQUEURS

Gabriel Boudier

- P Creme de Figue
- P Elderflower

MEDICINES

ANTIOXIDANTS

Available from www.lipolife.co.uk.

- KLBD Lipolife LLG2 Glutathione Unflavoured Liquid
- KLBD Lipolife LLG3 Glutathione Peach & Vanilla Liquid
- KLBD Lipolife LLG4 Glutathione Unflavoured Liquid

COUGHS & COLDS

- P A Vogel Cough Spray for Kids

CYSTITIS

- P Cysticlean Capsules
- P Cytoplan D Mannose Plus Powder

DIARRHOEA

- NK** Galpharm Diarrhoea Relief Instant Orodispersible

INFANT COLIC & REFLUX

- D Kendamil Baby Drops

MALE HEALTH

- P Proxceed Men Sachets

ORAL HYGIENE

- Available from Amazon and kosher shops.
- S Listerine Pocketpaks Freshburst

PREGNANCY & NEW MOTHER

- P Amitamin Fertilsan M Capsules
- P Proxceed Women Sachets

PRESCRIPTION ONLY MEDICINES

- P Bedranol Capsules

SORE THROATS

- P Benzydamine Hydrochloride Oromucosal Spray

STRESS & ENERGY

- P MyVitamins Creapure Micronized Creatine Capsules
- P MyVitamins Creatine Monohydrate Tablets

SUPERFOOD SUPPLEMENTS

Available from www.lipolife.co.uk.

- KLBD Lipolife LLT1 Curcumin Unflavoured Liquid

SUPPLEMENTS FOR CHILDREN

- P Mighty Kids Liposomal Magnesium Mango Syrup

VITAMIN C

Available from www.lipolife.co.uk.

- KLBD Lipolife LVC4 C Pineapple Liquid
- KLBD Lipolife LVC7 C Lemon Liquid
- KLBD Lipolife LVC9 C Peach Liquid

VITAMIN D

Available from www.lipolife.co.uk.

- KLBD Lipolife LVD1 D3 & K2 Cherry Vanilla Liquid
- KLBD Lipolife LVD2 D3 Cherry Liquid

DELISTED PRODUCTS

- Clearspring Barley Malt Syrup
- Clearspring Rice Malt Syrup
- Daddies Brown Sauce

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